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Dear Young People, Parents/Carers:

We are excited to share with you our Summer Programme so you can get involved in some great events over the Summer Holidays. Please see the next page for this year's events.

Nottingham Hospitals Charity has supported our summer programme this year, so we have been able to keep costs very low or free of charge. Please note that due to people reserving places in the past and not turning up, unfortunately we cannot take bookings without the payment (if required) and the booking & consent forms.

To reserve places, fill in the attached booking and consent form and return to us with the required payment. Please note that some trips will have limited spaces, so ensure to register early so that you don't miss out! Keep this page so you have all the relevant information!

If you want to take part in our sessions and are unable to pay the fee, please get in touch and we may be able to offer a funded/part-funded place.

If anyone has any questions about the summer programme, or our service in general, please get in touch.

Also, if anyone has any fundraising ideas and/or wants to help raise money for the Youth Service for future activities, we would love to hear from you!

Don't forget to access our website and social media accounts so you can see what is happening when & where:



[www.nuhyouthservice.org.uk](http://www.nuhyouthservice.org.uk)



NUH Youth Service



@NUHYS



@nuhyouth

*Best wishes*

*The Youth Work Team*





# SUMMER PROGRAMME...



## Wednesday 3<sup>rd</sup> August

**Meet at:** Wollaton Park

**Meet:** 4:30pm **Pick up:** 8:30pm **Cost:** £5.00

## Outdoor Theatre: Cinderella

*Outdoor theatre production at Wollaton Park*

**Please bring a picnic & any medication needed.**

## Friday 5<sup>th</sup> August

**Meet at:** Highfields Park on the grass near the Lakeside building.

**Meet:** 10am **Pick up:** 2pm **Cost:** Free

## Friday in the Park! Highfields Park

*Games, ice cream, crazy golf or boating, Picnic.*

**Please bring a picnic & any medication needed.**

## Tuesday 9<sup>th</sup> — Weds 10<sup>th</sup> August

**Meet at:** Monty Hind Youth Centre

**Meet:** 9am **Pick up:** 7pm **Cost:** £10.00

## Overnight Trip to Scarborough

*Beach Activities, Sealife Centre, Fish & Chips Arcades and more! Staying over at Scarborough Youth Hostel.*

**Please bring overnight bag, towel & spending money.**

## Monday 15<sup>th</sup> August

**Meet at:** Ludorati, Maid Marion Way, Nottingham. NG1 6BJ

**Meet:** 1:30pm **Pick up:** 4pm **Cost:** £3.00

## Board Game Tournament at Ludorati

*Board Game Tournament – prizes included!*

**Refreshments provided**

## Wednesday 17<sup>th</sup> August

**Meet at:** Monty Hind Youth Centre.

**Meet:** 9:30pm **Pick up:** 5pm **Cost:** £5.00

## Sailing Day at Carsington Water

*Learn how to sail and have fun on the water!*

**Please bring a packed lunch & any medication needed.**

## Friday 19<sup>th</sup> August

**Meet at:** Wollaton Park, outside main Hall

**Meet:** 10am **Pick up:** 2pm **Cost:** FREE

## Friday in the Park! Wollaton Park

*Fun, games & orienteering challenge*

**Please bring a packed lunch & any medication**

## Sunday 21<sup>st</sup> — Friday 26<sup>th</sup> August

**Youth Service closed due to Wales Residential**

## Wednesday 31<sup>st</sup> August

**Meet at:** Monty Hind Youth Centre

**Meet:** 4:30pm **Pick up:** 6:30pm **Cost:** FREE

## Youth Club Open Evening!

*Come and see what the Youth Club is about and get involved in various activities. Free pizza too!*

## Friday 2<sup>nd</sup> September

**Meet at:** Highfields Park on the grass near the Lakeside building.

**Meet:** 10am **Pick up:** 2pm **Cost:** FREE

## Friday in the Park! Highfields Park

*Games, ice cream, crazy golf or boating, Picnic.*

**Please bring a picnic & any medication needed.**





# SUMMER PROGRAMME...



## PLEASE NOTE:

- Sun cream (factor 50) and water is essential - please bring some with you!
- Please wear sensible clothing and footwear for all trips and don't forget a rain jacket!
- Don't forget any medication/treatments you will need for the duration of the event
- You may wish to bring some money for snacks/souvenirs etc. but this is optional.
- We will not be able to take you on a trip without a signed consent form

To reserve your place on any of our events please fill in the Booking Form below by ticking the boxes of the activities you wish to take part in.

If you are under 18 you must get a parent/carer to fill in the consent form on the other side and hand it in, along with your payment, at the Youth Club, by email or post.

Please remember that places are limited so book early to avoid disappointment!

DATE	ACTIVITY DETAILS	MEETING TIMES	COST	✓ To book
Weds 3 <sup>rd</sup> August	<b>Outdoor Theatre: Cinderella</b> Wollaton Park	4:30-8:30pm	£5.00	
Friday 5 <sup>th</sup> August	<b>Friday in the Park! Highfields</b> Crazy Golf or boating, picnic & games	10-2pm	FREE	
Tuesday 9 <sup>th</sup> – Wednesday 10 <sup>th</sup> August	<b>Overnight Trip to Scarborough</b> Beach games, arcade, Sea Life Centre, Fish & Chips	Tues: 9am – Weds 7pm	£10.00	
Mon 15 <sup>th</sup> August	<b>Ludorati Board Game Cafe</b> Board Game Tournament	1:30 – 4pm	£3.00	
Weds 17 <sup>th</sup> August	<b>Sailing Day at Carsington Water</b>	9:30-5pm	£5.00	
Friday 19 <sup>th</sup> August	<b>Friday in the Park! Wollaton</b> Orienteering, picnic & games	10-2pm	FREE	
Weds 31 <sup>st</sup> August	<b>Youth Club Open Evening</b> Fun, games & Pizza!	4:30-6:30pm	FREE	
Friday 2 <sup>nd</sup> September	<b>Friday in the Park! Highfields</b> Crazy Golf or boating, picnic & games	10-2pm	FREE	

<b>Participants Full Name:</b>		<b>Date of Birth:</b>	
<b>Preferred Name &amp; Pronouns:</b>			
<b>Address and Postcode:</b>			
<b>Contact Details:</b> (Name & Number)			
<b>Emergency Contact:</b> (Name & Number)			

Any details we may hold of yourself or a young person are stored in a secured place and will only be used to ensure the safety and protection of an individual. None of your information is shared with external parties unless it is essential for Health and Safety or Safeguarding purposes.

**Please read and confirm the statements below:**

- ☐ I have read the information on the visit/activity and consent to taking part.
- ☐ I am able to swim a minimum of 50 metres (for water activities)
- ☐ I consent to any emergency medical treatment found to be necessary during this visit/activity.
- ☐ I understand the NUH Youth Service **Acceptable Behaviour** policy (I.E. Young people will be required to follow staff instructions at all times. Failure to do so will result in not participating in the activity/trip)

**Please tick to consent to the optional statements below:**

- ☐ I consent in taking **photos/Videos** which may be used for case studies, social media and other NUH Hospital publicity.
- ☐ I consent to being included in Youth Service WhatsApp Groups.
- ☐ I consent to my child being unaccompanied by staff during free time involved in the visit/activity.

<b>Name of Doctor:</b>			
<b>Doctors Address:</b>			
<b>Details of Medical Conditions/Disability/Allergies</b> (Please include any learning difficulties)			
<b>Current Medication:</b>			
<b>Dietary Requirements:</b>			
<b>Other Information that we need to know:</b>			
<b>Signature: (if over 18)</b> <b>Name/Signature of Parent/Carer: (if under 18 yrs)</b>		<b>Date:</b>	

