



NUH Youth Service Nottingham Children's Hospital

Queens Medical Centre Campus
Derby Road
Nottingham
NG7 2UH

Direct Dial: 0115 970 9421 Tel: 0115 924 9924 ext 81421

Email: nuhyouthservice@nuh.nhs.uk Website: www.nuhyouthservice.org.uk



17th June 2025

Dear Parent/Carer

I am writing to let you know that we have an excellent opportunity to take a group of young people to the Lea Green Outdoor Activities Centre in Matlock, Derbyshire, this summer.

The dates for the residential are Monday 11th Friday 15th August 2025.

This will involve the chance to take part in many activities such as low and high ropes, orienteering, canoeing, paddle boarding, climbing, caving, archery, problem-solving and other group teambuilding activities. This will also be an opportunity for young people to meet others with long-tern conditions, share experiences and have fun! This week will be exclusively for young people (11-19 years) who are associated with the Nottingham Children's Hospital and NUH Youth Service.

We will be staying at Lea Green Learning and Development Centre in Derbyshire (<u>Home | Lea Green (derbyshire-outdoors.org</u>)

The residential will include the following: Full-board accommodation; travel; all activities with qualified instructors and insurance (for activities and travel – not personal belongings)

The original cost of this week would normally be £500 per person; however we have managed to secure funding from Nottingham Hospitals Charity, meaning that we can offer a place to young people for a suggested donation of £50 per person. We do not want to exclude anyone so, if you are in a position where this is not possible, please let us know and we can arrange a funded/part-funded place.

Please note that these opportunities are very popular, and places are limited, so please reply early to avoid disappointment. Priority of places will be given to those who haven't been before.

If you would like to apply for a place, please fill out the Booking & Consent Form here no later than Friday 11th July: https://forms.office.com/e/uhEgGY3eNZ.

Once your child's place is confirmed you will be sent further information about the week, a kit list and centre consent forms to fill out, as well as an opportunity to attend an information evening about the trip. In the meantime, please get in touch if you have any immediate questions.

Best wishes

The Youth Work Team

